



BIG DAY IN 2018



"App"reciation
of
Technology



Wednesday 30 May
9:45 am - 2 pm



Senior executive message

This year so far has been busy for the SDEHS school community and in particular for our students. Students have been getting to know teachers and peers, participating in web lessons and study days, and becoming familiar with course requirements, not to mention completing their course work.

Teachers can have a huge impact on their students. A teacher can inspire, guide and mentor your learning, but this process begins with connection. Connection may be as simple as picking up the phone when your teacher calls or emailing your teacher asking for help. Remember your teachers are here to help and support you.

There are more and more opportunities for students to come together at SDEHS. This year we have seven learning hubs operating across the Sydney area. It is exciting to see an increasing number of students attending these learning hubs and really connecting with their school. Each Friday at the Sydney Hub you can feel a real buzz around the place as students come together with their peers and teachers, creating a vibrant and positive school community. Congratulations to all students regularly attending hubs and participating in school events.

Thank you to our parents, supervisors and staff for working together to support the hubs and to develop such positive learning environments for our students.

Get connected, and see you at Big Day In.

Sue Cooksley
Deputy Principal (Years 11 & 12)

What's on

Monday 14 May

- Year 12 Mathematics Study Day

Tuesday 15 May

- Year 12 Physics Study Day
- Stage 6 Information Processes & Technology Study Day

Wednesday 16 May

- Stage 5 Information & Software Technology Study Day

Thursday 17 May

- Year 12 Earth & Environmental Science Study Day
- Year 12 Mathematics Extension 2 Study Day
- Stage 5 Writing Skills Study Day

Friday 18 May

- Year 11 Hospitality Study Day
- Year 11 Business Studies Study Day

Thursday 24 May

- Year 11 Hospitality Study Day
- Stage 4 Visual Arts Study Day

Friday 25 May

- Year 11 Hospitality Study Day

Monday 28 May

- Year 11 Information Processes & Technology Study Day

Wednesday 30 May

- Big Day In

Thursday 31 May

- Year 12 Senior Science Study Day

Friday 1 June

- Year 11 Hospitality Study Day
- Year 11 Agriculture Excursion

Wednesday 6 June

- Year 11 Mathematics Study Day
- Stages 4 & 5 Visual Arts and Visual Design Excursion

Friday 8 June

- Year 11 Hospitality Study Day

Wednesday 13 June

- Year 11 PDHPE and Sport, Lifestyle & Recreation Study Day
- Year 12 Chemistry Study Day

Friday 15 June

- Year 11 Hospitality Study Day

Friday 22 June

- Year 11 Hospitality Study Day

Wednesday 27 June

- Year 12 Visual Arts Study Day

Friday 29 June

- Year 11 Hospitality Study Day

Wednesday 4 July

- Year 12 English Standard and Advanced Study Day

Thursday 5 July

- Year 12 Senior Science Study Day
- Stage 4 Visual Arts Study Day

Friday 6 July

- Term 2 ends

Volunteer firefighter ... Rory Keyes



<https://www.youtube.com/watch?v=zo9sPNk-ao>

Rory is a cadet firefighter with Medlow Bath Rural Fire Service. He trains to be a basic fire fighter, how to prep for hazard reductions, to use radio, clear fire trails & map out. Rory goes out with other fire fighters but in a real fire would have to stay & help at the station. He was motivated by the 2013 bush fires in the Blue Mountains where many houses were destroyed, as was the Zig Zag Railway. Rory wants to join the fire brigade when he is older and recommends to students to join their local brigade as a volunteer.

Three words on being a cadet: Excitement, Fun, Skills!

HARMONY DAY



Harmony Day this year celebrated our cultural diversity and spread the message of togetherness and kindness to all. A meditation session got everyone nice and relaxed. Then outdoor soccer and table tennis got the students active and their heart rates up. Other fun activities included henna tattooing and Japanese drumming. To celebrate in the true spirit of harmony the students and teachers prepared and served their own lunch. Everything worked harmoniously. Thank you to all the teachers and students who participated.



Wellbeing Team Zoo Excursion

On Wednesday 11 April 17 students from Years 7–12 visited Taronga Zoo to enjoy a healthy day out to finish the term.

Our aim for the day was to help students develop key life skills like catching a ferry, packing a healthy lunch, making friends and having fun. Finding time in your week to eat well, exercise and enjoy the great outdoors is all part of developing a healthy lifestyle and our students excelled.

Highlights of the day included a rare appearance by the famous Sumatran tiger Clarence. We enjoyed meeting all the amazing animals at Taronga, including a few creepy critters. Thank you to our guide, Lauren.

Congratulations to Alicia and Olivia who won the healthiest lunch prize and to all our students who represented our school so well throughout the day.



Year 11 Design & Technology Excursion

On 16 March 10 students attended the Shape 2017 seminar program at the Powerhouse Museum, Museum of Applied Arts and Sciences. They learnt about sustainability in design, heard from Zoltan Czaki, designer of start-up company Citizen Wolf, and chatted with lots of designers during the industry expo session. They also viewed the 2017 HSC major works in the Shape 2017 exhibition. All the students enjoyed the day.

"I vastly admired each of the design works, and observing the creative thinking behind them. This was a huge help towards my assignment, I am glad I was there for it." Joseph Vyner



Miranda Hub excursion

Miranda Hub students went on an excursion to Cronulla Beach with teachers Rede Carney and Zoe Ticehurst. They walked from South Cronulla to Bass and Flinders Point (10, 000 steps). Students and teachers had a great time.



IST Study Day

On 5 April, Years 9 & 10 Information & Software Technology students attended a study day at SDEHS to learn website design and coding skills for their upcoming project. Students used online tools to develop colour and typographic schemes for their websites, and brought them to life in a hands-on coding session focussed on HTML and CSS.



Congratulations

Hugh McDonald is to be congratulated for his winning design in the Ultimate Pencil Case Competition held at the end of 2017.

Hugh has received a Bunnings gift voucher to the value of \$100 thanks to the generous donation of Sarah Roumieh and her family.



Congratulations Mitchell Kilduff!

Mitchell Kilduff (2009–2015) represented Australia at the 2018 Commonwealth Games on the Gold Coast. Mitch achieved fourth place in the 200m freestyle swim, in the 'Elite Athlete with Disability S14' category.



Photograph courtesy of St George & Sutherland Leader

Student Leadership Group (SLG) Meeting



The Term 2 SLG meeting will be held on Friday 18 May 12.00 pm to 1.30 pm in the Audio-Visual Theatre.

For further information, please contact: Catherine Soper, SLG Coordinator on 9383 0238

The SDEHS Choir Project

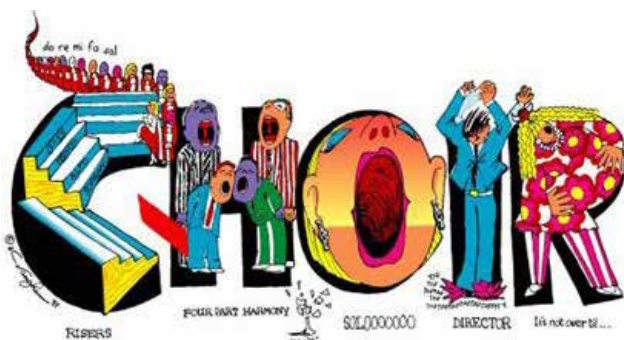
Research in neuroscience has found that singing makes us happier, healthier, smarter and more creative and helps us to reduce and manage stress levels and anxiety.

The SDEHS Choir Project is an opportunity for home-enrolled students to experience the uplifting joy of singing in a choir. It is also an opportunity to cultivate your creative side and express who you are in a supportive non-judgemental creative environment. You don't have to be a fabulous singer, just be prepared to give it a go and be supportive towards others in the group.

The Choir Project will operate at the Inner City Hub at school on Fridays of Weeks 2, 4, 6, 8, 10 each term 11.30 to 12.30, alternating with PDHPE sports activity. It will also be accessible via web conferencing.

Sheet music and audio files for the songs (all parts) will be made available to participants so they can practise at home between sessions.

If you are interested, contact Lisa Keating, Deputy Principal on 9383 0387 or lisa.keating3@det.nsw.edu.au, or simply turn up to the Inner City Hub at school.



Health Myth Busters



Sleep. It's the most natural thing in the world and perhaps the most mysterious of our physiological functions.

Here are some myths about sleep that simply are not true:

Everyone needs 8 hours a night. No. Some need 6 and some need 10. It's as simple as that.

It's dangerous to fall asleep on a full stomach. No. But consider that when we sleep, our whole body is supposed to rest and restore. It might be a bit of a rip-off for your tummy, but it's certainly not dangerous.

You can catch up on sleep next week. No. Sleeping should be a quality regular cyclic experience.



Nightmares mean I have mental illness! No. Nobody is sure what dreams are yet and nightmares are like the big brother of dreams – they might annoy or frighten you but they are not a reflection of your mental health at all.

So close your eyes and relax.

Disability Provisions

2018 Higher School Certificate

The NSW Education Standards Authority (NESA) offers a range of Disability Provisions to Year 12 students who may need assistance to read examination questions and/or write their answers in their Higher School Certificate Examinations.

If you would like to apply for Disability Provisions for the 2018 Higher School Certificate Examinations, please phone Alicia Gilmore on 9383 0298 or Rebekah Cowie on 9383 0460 and request an application form be sent to you.

If your student had Disability Provisions approved for previous HSC exams and requires these provisions for the 2018 exams, you will need to apply again. Disability provisions must be applied for each year with current evidence.

The application, together with relevant supporting documentation, will need to be completed and returned to Sydney Distance Education High School as soon as possible as some provisions require additional assessments and evidence. We will then lodge the application with NESA.

Any approved Disability Provisions may be used for Trial exams and assessment tasks in Year 12.

HSC minimum standard

The Minister for Education recently announced changes to the requirements for students to meet HSC Minimum Standards. The standards are in three areas – reading, writing and numeracy.



Who needs to meet the HSC minimum standard?

If you are sitting the HSC in 2018 or 2019 you do not need to meet the HSC minimum standard.

Students who will be sitting their HSC exams in or after 2020 will need to meet a minimum standard of numeracy and literacy to receive their HSC.

How do I meet the HSC minimum standards?

If you are in Year 10 (2018) and achieved a Band 8 or above in 2017 Year 9 NAPLAN reading, writing or numeracy tests, then you will be recognised as having already met the HSC minimum standard in that particular area. If you did not get Band 8 or above in one or more of the 2017 NAPLAN tests, then you will need to take the corresponding online test/s between now and Year 12 to receive your HSC in 2020.

From this year, Year 9 NAPLAN tests will no longer be available as an early way for students to demonstrate the standard. This means that students currently in Years 7, 8 and 9 will need to do the online tests when they reach Years 10, 11 or 12.

Students will have two opportunities each year in Year 10, 11 or 12 to pass any tests needed. They will also be able to sit for the tests for a few years after they leave school.

During Term 2 this year, these tests will be offered between 21 May and 22 June to all home students in Year 10 who have NOT met the required Band 8 in their Year 9 NAPLAN reading, writing and/or numeracy tests.

If you would like to know more about the tests, you can visit the NSW Education Standards Authority website:

<http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-minimum-standard> or

contact Nina Thomas (Head Teacher Student Engagement and Attainment)

nina.thomas3@det.nsw.edu.au .

Students at SSPs or single course students studying through SDEHS who wish to do the online testing should speak to their teachers at their centre or home school about this.



A Writing Program

SDEHS is offering a new program to help students achieve the minimum standards in writing soon to be required for the HSC.



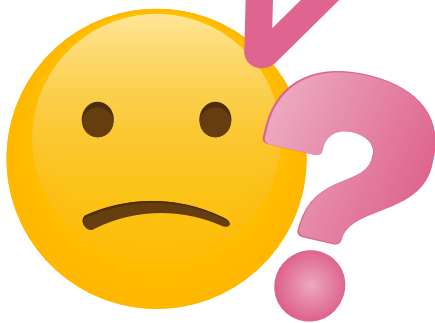
Literacy and numeracy skills are key for success in everyday life. Achieving the HSC minimum standard means that students will have a level of skill necessary for success after school.

For more information about the program being offered by SDEHS please email: allyson.hill@det.nsw.edu.au

A BETTER INTERNET STARTS WITH YOU

Ask questions

How do you fact check information you see online?



Understand the emojis

How can you tell how someone is feeling online and offline?



Bounce back

How can you stay positive when things are challenging online?



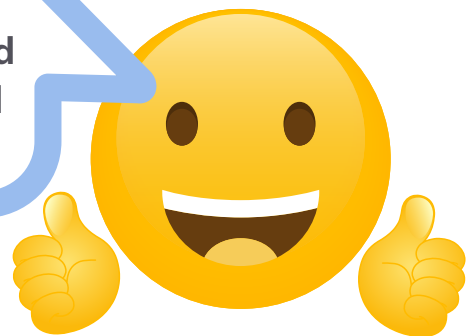
Welcome differences

How can you learn from someone different to you?



Know your strengths

How do you help and protect yourself and others online?





CAPA Trivia

Be the first SDEHS student to correctly answer the following FIVE questions and email your responses to: julie.barel@det.nsw.edu.au.

The first correct entry received wins a \$30 voucher!

1. Name TWO major art galleries in Sydney.

2. Name the creator of the character Astro Boy.

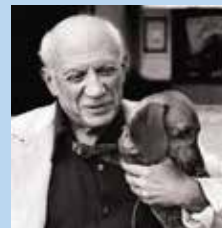


3. In 1992 artist Jeff Koons installed a 12 metre tall sculpture of a topiary West Highland White Terrier. What was the title of the artwork?



4. The Biennale of Sydney is held how often?

5. What was the name of Picasso's dog? And what type of dog was he?



Answers to the questions from the last newsletter were:

- 1. (B) Sidney Nolan
- 2. (B) Albert Namatjira
- 3. (B) Margaret Preston
- 4. Sydney
- 5. Mitch Cairns

Congratulations to Charlotte Brown Year 9 who was the first to answer all five CAPA Trivia questions correctly from the last Newsletter – well done Charlotte!

SDEHS Learning Hubs

Learning Hub	Location	Opening Time
Baulkham Hills	Baulkham Hills Community Centre, 390 Windsor Road, Baulkham Hills	9 am – 3.30 pm Thursday
Glenbrook	The Glenbrook Centre, 1 Ross Street, Glenbrook	9 am – 3.30 pm Thursday
Ingleburn	Greg Percival Community Hall, Corner Oxford Road and Cumberland Road, Ingleburn	9 am – 3.30 pm Tuesday
Miranda	Miranda Community Centre, 93 Karimbla Road, Miranda	9 am – 3.30 pm Monday
SDEHS Woolloomooloo	SDEHS Library, 38-68 Forbes Street, Woolloomooloo	10 am – 2.30 pm Friday
Tuggerah	Tuggerah Community Hall, 9 Anzac Road, Tuggerah	9 am – 3.30 pm Tuesday
Woy Woy	Coast Community Connections, 93 McMasters Road, Woy Woy	9 am – 3.30 pm Monday

Book online via the SDEHS home page. For further information contact Hub Coordinator **Duncan Gerdes** phone 9383 0235 email: duncan.gerdes@det.nsw.edu.au

School Policies and Procedures

Students, parents, carers, supervisors, staff and members of the wider school community are invited to suggest improvements to school policies and procedures.

Suggestions may be emailed to the school email sydneyh-d.school@det.nsw.edu.au and will then be forwarded to the senior executive.



1800 55 1800



www.schoolatoz.com.au

Parent Line

1300 1300 52



Contact

Address: Forbes Street, WOOLLOOMOOLOO NSW 2011
Postal address: Locked Bag 5000, POTTS POINT NSW 1335
Phone: 02 9383 0200
Fax: 02 9383 0222
Email: sydneyh-d.school@det.nsw.edu.au

