



Hugh's top 10 things about SDEHS

1. **Camp** - We went to Outdoor Education Morisset again this year and it was just as much fun as always. Highlights were sailing, the IRB, fencing, archery, ropes challenge and the Halloween disco. I was dressed up as a werewolf and we danced to 'Just Dance' by Lady Gaga and 'Tik Tok' by Kesha.
2. **The various days** - Diversity Day, Harmony Day and Big Day In were all fantastic events held at school. We did African singing, Irish dancing, Japanese drumming and had a petting zoo. Bishop Duryea came to talk to us about his life in Ghana which was inspiring. I think he is an amazing man.
3. **Yoga and meditation** - In Term 4 this was held at PCYC Woolloomooloo every Tuesday. We did different yoga poses for strength, anxiety, energy and good sleep. I always felt calm and zen when we finished.
4. **Other sport** - There were two sports days out at Sydney Olympic Park. The first was gymnastics and I loved jumping on the giant trampoline into the foam pit. The other was a sporting challenge when we did archery, a walk and then gymnastics. It has also been great to do some sport on Fridays at school.
5. **Excursions** - We had two awesome art excursions. At Brett Whiteley Studio we saw engaging art as well as doing some drawing. We also went to Sculpture by the Sea to see the outdoor artworks from Bondi to Tamarama. A science excursion to Darling Harbour included experiments in the Convention Centre and a visit to Sea Life Sydney Aquarium. My favourite one of all was Taronga Zoo and seeing all my animal friends.
6. **Drought relief fundraiser** - Raising money for the farmers was a great thing to do. We all dressed up in our checkered shirts and hats. It was also RU OK Day which is important too.
7. **Web lessons online** - It makes a huge difference to my learning to have live lessons with a teacher face to face. I had them for Science and PDHPE. It was also a chance to have discussions with my classmates.
8. **Student Leadership Group** - Each term we have a meeting to discuss ideas or issues about the school. One of the things we got to contribute to was the social media policy for the school. The SLG is enjoyable to be part of and very helpful.
9. **Koori Art Workshop** - Aunty Kath came to the school again and spent the day with us. She shared stories and created a fantastic artwork with us. It is fascinating to spend time with her and she is very kind. It is exciting that our artwork is in an exhibition again.
10. **My friends** - I have been at this school for three years now and have some good friends that I really enjoy seeing on excursions, fun days, camp and hub. I have made some cool new ones this year and am sad that some have just finished Year 12 and are leaving. I also have great friendships with many of my teachers.

Thank you to all my teachers who made these things possible. I really appreciate having fun times and different opportunities as part of my education. They make my school life much more interesting so I'm not just home alone learning.

Thanks for an awesome year!



Senior executive message

Welcome back everyone ... I really hope you have enjoyed your first few weeks of the year ... getting to know teachers and making new friends: at school lessons and study days, at learning hubs and during web lessons, or by dropping into our Friday coffee club or singing around the piano as part of our school choir!

There will be lots of other opportunities this year to be involved with our school. Come along to Student Leadership Group meetings, to excursions and picnic days, to orientation days, and to all our usual open days including Big Day In, Boys and Girls Days and Harmony Day. Get engaged with the Premier's Volunteer Recognition Program!

Pick up a phone to talk with your teachers or Year Adviser, send an email, or message while doing your online learning.

Welcome especially to all our new students and families, and also some new staff including Fernando Bayer and Laura Lyons in English, Peter Miller in Science and Chris Quach in Mathematics. Meg Duncombe, previously a well known temporary teacher with us, is also back as a permanent member of staff at the start of Term 1 before taking leave and returning later in the year.

Congratulations to Yvonne Lin who has now joined the Sydney Girls High School support staff. Yvonne did most of the desktop publishing for our newsletters and school magazine and we will miss her professionalism and creativity.

We also wish well a number of staff following their recent retirements: Helen

Hamilton, Head Teacher Science, Julia Ruhl, Languages and Middle School and Renuka Venkataraman, Science. And all the best to Greg Waide, Head Teacher History who is now on leave prior to retirement. Thank you to Mick Brooker who continues to relieve as Head Teacher Science and to Irene Sfinas who is relieving as Head Teacher History.

I am really excited about our new school website where there is just so much information about our school. It also includes a newsfeed from the Department of Education and important links eg to the Department's recent School Community Charter which is published in this newsletter. You can read our 2019 anti-bullying plan which is also included in the school's Student Wellbeing Policy, published on the website, and so reflective of the strong support we provide for students.

We will continue to enrich our website with stories and images of students and teachers learning together during this year. You are also able to read newsletters from the past year and recent school magazines which reflect so creatively the spirit of our school.

Please remember that all new students are expected to attend a connection and transition visit to their local learning hub and I would like to encourage all students to regularly visit a hub to get support with their work and make friendships with other students.

Best wishes and have a great year!

Mark Piddington

What's on

Friday 8 March

- Year 12 Hospitality Study Day (Coffee Shop)
- Year 11 Industrial Technology Multimedia Study Day

Monday 11 March

- Year 11 Mathematics Study Day

Thursday 14 March

- Year 11 Earth & Environmental Science Study Day

Friday 15 March

- Year 12 Hospitality Study Day (Coffee Shop)

Tuesday 19 March

- Year 12 Information Processes & Technology Study Day

Thursday 21 March

- Year 11 Geography Excursion to Wetlands, Sydney Olympic Park

Friday 22 March

- Year 12 Hospitality Study Day (Coffee Shop)
- Year 11 Physics Study Day
- Year 12 Agriculture Excursion to Camden Park Environmental Education Centre

Wednesday 27 March

- Year 11-12 Visual Arts Excursion to Art Gallery of NSW

Friday 29 March

- Year 12 Hospitality Study Day (Coffee Shop)

Thursday 4 April

- Year 11 Chemistry Study Day

Wednesday 10 April

- Year 11-12 Industrial Technology Multimedia Excursion to Adobe Head Office

Friday 12 April

- Year 11 Agriculture Excursion to Camden Park Environmental Education Centre
- Term 1 finishes

Monday 29 April

- Term 2 commences

Monday 13 May

- Year 11 Earth & Environmental Science Study Day

Wanted Parents for Panels

Teachers and executive staff often get jobs at this school through selection procedures, including interviews.

Every selection panel has a parent representative who has attended a two hour training course or completed the equivalent through an online training course.

Are you interested?

I am seeking nominations from parents who may be interested in taking part in this important process.

If you are interested, please ring me at school or send me an email at the school email address:

sydneyh-d.school@det.nsw.edu.au

Thank you.
Lisa Keating
Co-Principal



Newsletter Online!

In previous years, our newsletter has been on our website, emailed to our school community and posted to students. From this year, it can be read on our website and it will also be emailed to students, supervisors and staff.

HSC 2018 Highlights

Congratulations to the following Top Achievers and Distinguished Achievers – students who gained over 90 in a subject.

Top Achievers	Place	Course
Claire Bryan-Ellis	6	Studies of Religion II
Risini Gamage	5	Biology

Distinguished Achievers – students who achieved a result in the highest band (Band 6 or Band E4) for one or more courses. In 2018, there were 53 results in the highest band (Band 6 or Band E4), 52 single course students and one home student, Alex Huang, IDT Examination (Web and Software Applications).

Textiles & Design

Congratulations to Caitlyn Harding, Taylah McAuliffe, Chloe Mitchell and Melody Suranyi, who were selected for inclusion in the prestigious Textstyle exhibition of outstanding Major Textiles Projects. The Textstyle exhibition will be held at The Muse, TAFE Ultimo College in March 2019. Chloe Mitchell was also selected for SHAPE, the combined exhibition of HSC Technology projects at the Museum of Applied Arts and Sciences (MAAS), The Powerhouse Museum, Sydney, from February to May 2019.



Congratulations to the following students on the completion of the HSC 2018 and their successful admission to university or other tertiary courses or to the workforce.

Student	Course
Abigail Paduch	B. High Performance Sport, Australian Catholic University Strathfield
Ben Narooz-McGrory	B. Arts, University of Sydney
Hannah Minnis	B. Science (Zoology), Western Sydney University
Byron Worthington	B. Education Primary, Macquarie University
Amy Campion	Volunteering for Rural Fire Service & cat shelter
Thomas Eady	B. IT Game Design, Macquarie University
Lukas Thorn	Working in Real Estate
Eve Cullinane	B. Medical Science, University of Canberra
Morven Green	B. Business Administration, Macquarie University
Tru Starling	B. Sports Psychology, Open Universities Australia Surfing professionally
Casey Robinson	B. Community Welfare, Western Sydney University
Lochlan Tabone	B. Criminal Justice, Charles Sturt University Bathurst
Naomi Driscoll	B. Social Work, Western Sydney University
Justin Lee	B. Business, Western Sydney University
John Lee	B. Arts, Macquarie University
Julieanne Longley	B. Accounting, Notre Dame University
Anthony Redwood	B. Accounting, Central Queensland University
Max Helmreich	B. Business Administration, Ritsumeikan Asia Pacific University, Japan
Denali Blunden	B. Sports Coaching, Australian College of Physical Education
Casey Stewart	Preparation Program, University of New South Wales
Antonino Saglimbeni	Panel beating apprenticeship, TAFE Ultimo
Mitchell Wilmot	Certificate 4 in Property Services, Gosford TAFE Joining SES Airforce cadet
Lachlan See	Cert 3 in Commercial Cookery, TAFE Ourimbah
Raida Bajramovic	Cert 4 in Accounting & Bookkeeping, OTEN Personal Training Certificate courses
Aiyana Diamond-Coorey	Cert 3 in Captured Animals Volunteering & working in pet shop
Shane Monaghan	Cert 2 Light Automotive Servicing, TAFE Campbelltown
Aaron Mearns	Cert 2 Computer Assembly & Repairs, TAFE Granville
Rio Xiang	Auditioning for Conservatoriums of Music worldwide
Breanna Mitchell-Field	Volunteering in Bali Seeking employment

HSC minimum standard

Last year, the Minister for Education announced changes to the requirements for students to meet HSC Minimum Standards. The standards are in three areas – reading, writing and numeracy. The Department of Education has designed online tests to enable students to demonstrate that they meet the standards.



Who needs to meet the HSC minimum standard?

1. **If you will complete the HSC in 2019** - You do not need to meet the HSC minimum standard or pass the online tests to receive the HSC.
2. **If you will complete the HSC in 2020** - You need to meet the HSC minimum standard to receive the HSC. To show you meet the standard you will need to:
 - pass the online reading test or have achieved Band 8 or above in reading in Year 9 NAPLAN in 2017, and
 - pass the online writing test or have achieved Band 8 or above in writing in Year 9 NAPLAN in 2017, and
 - pass the online numeracy test or have achieved Band 8 or above in numeracy in Year 9 NAPLAN in 2017.
3. **If you will complete the HSC in 2021 or later** - You need to meet the HSC minimum standard to receive the HSC. To show you meet the standard you need to:
 - pass the online reading test, and
 - pass the online writing test, and
 - pass the online numeracy test.

During 2019 Sydney Distance Education High School will be offering all HOME students the chance to complete the online tests here at school. There will be a three week period in each term when students will be able to access the testing. In Term 1 the tests will be offered between 25th March and 12th April (school days only).

Students will have two chances a year to pass each of the tests from Year 10 until a few years after the HSC. If you pass the online tests of basic reading, writing and numeracy skills you will show you've met the HSC minimum standard.

If you would like to know more about the tests, you can visit the NSW Education Standards Authority website: <http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-minimum-standard/> or contact Nina Thomas (Head Teacher Student Engagement and Attainment) nina.thomas3@det.nsw.edu.au for further information.

Students at SSPs or single course students studying through SDEHS who wish to do the online testing should speak to their teachers at their centre or home school about this.

Extra! Extra!

The PDHPE Faculty is excited to announce the commencement of the Health Club on Fridays, fortnightly at the SDEHS (Woolloomooloo) Hub. Students who are interested are kindly asked to be changed into their runners and work out gear by 9am sharp. Activities will depend on weather but include team sport, yoga, walking, tennis, basketball, team building tasks, meditation and volleyball. With a focus on fun, fitness and fair play the morning will be managed by the PDHPE Faculty with an opportunity for the more serious athletes to gain credit in various lessons for participation. Please call your PDHPE teacher for further details and to secure your place in the Health Club.



Health Myth Busters



Canned food. Is it bad for us? In the absence of fresh food, for example if you want a fruit that is out of season or some exotic fermented vegetable, then the canned varieties can be a convenient and nutritious replacement. Also, canned food has a lot less bacteria than the fresh variety considering that fruit and vegetables are canned almost as soon as they are picked and are not handled by dozens of dirty hands. To be really sure, however, you must read the label - avoid those with artificial additives, high sugar and salt. Once the can is open, store the contents in a plastic container in the fridge or your belly! Yum!



NCCD at SDEHS 2019

The Nationally Consistent Collection of Data on School Students with Disability (NCCD) is a compulsory national annual data collection. The NCCD counts the number of students in Australian schools receiving an adjustment due to disability.

The NCCD aims to provide data that will inform funding and enable schools, education authorities and governments to gain a more complete understanding of students who are receiving adjustments because of a disability in schools and how best to support them.

Students who have been identified by the SDEHS Learning and Support Team as receiving a reasonable adjustment because of a disability (under the *Disability Discrimination Act 1992*) will be included in the 2019 NCCD.

The NCCD has released a public notice that provides parents and carers with additional information about the NCCD. You can find the public notice via the following link <https://docs.education.gov.au/node/33415>.

You can also visit the Department of Education and Training's national data collection webpage www.education.gov.au/nationally-consistent-collection-data-school-students-disability.

Please contact Julia Keen (Learning and Support) if you have any questions or require further information. julia.keen@det.nsw.edu.au

Maths Study Days

$$\begin{array}{l} \text{Apple} + \text{Apple} + \text{Apple} = 30 \\ \text{Apple} + \text{Banana} + \text{Banana} = 18 \\ \text{Banana} - \text{Banana} = 2 \\ \text{Banana} + \text{Apple} + \text{Banana} = ?? \end{array}$$

Study days are a great opportunity to meet your teachers and brush up on topics that might be giving you difficulty. They are also a good way to meet other students who are also facing the challenges of distance education.

The first Year 11 Maths Study Day for 2019 will be held on Monday 11 March. The next one will be Thursday 6 June.

The next Year 12 Study Day will be held Wednesday 15 May.

Please put these dates in your diary and RSVP when you receive your invitation to attend. We look forward to seeing you here at SDEHS soon!

Environment report by Hugh McDonald

Were you lucky enough to get a brand new mobile phone from Santa? Many mobile phones contain coltan which is a metal used in the creation of devices such as smartphones. They are all sold worldwide so mining of coltan is in huge demand and causing deforestation, particularly in Africa.

Sadly this is also the habitat of the gorilla and now all four subspecies are critically endangered. You can help save your phone from landfill as well as protect the gorillas from extinction by recycling your old mobile phones. The coltan can be easily removed from it and put into a new phone.

The Jane Goodall Institute Australia has a project called They're Calling on You to collect as many old mobile phones as possible. Taronga Conservation Society is also involved and you can drop your phone in their collection box at the zoo entrance. Both have information on their websites and free reply paid recycle bags available for post.

Gorillas are the largest and most powerful primates in the world. They are also our closest living relatives and it would be devastating to lose them. Let's work together as a team to recycle as many old mobile phones as possible to help save them in the wild. There will be a collection box in the SDEHS office during Term 1, so please donate as many as you can.



Hugh McDonald in a Gorilla costume campaigning for YATZ at Taronga Zoo in September 2018

Creative and Active Kids Vouchers!

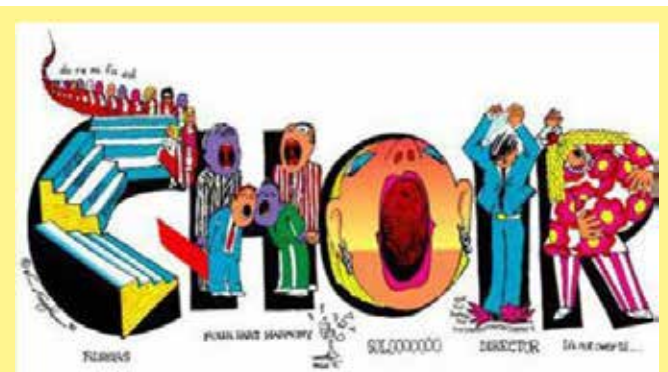
Active Kids and Creative Kids are programs designed to encourage more children to participate in sport, active recreation and creative and cultural activities.

Each year, parents, guardians and carers can receive a \$100 voucher to go towards both creative and physical activities for school aged children. That's \$200 worth of savings per year for each child.

A Creative Kids voucher will help parents to cover some of the registration, participation and tuition costs of activities such as singing, drama, coding, languages, music, writing, drawing and photography.

The Active Kids voucher can be used on sports, fitness and physical activities for registration, participation and membership costs.

The vouchers can be used once with an approved provider. To find out more, parents need to visit service.nsw.gov.au.



The SDEHS Choir Project

Research in neuroscience has shown that singing makes us happier, healthier, smarter and more creative and helps reduce and manage stress levels and anxiety.

You don't have to be a fabulous singer to join the SDEHS Choir Project. Just have a positive attitude to give it a go and a supportive attitude towards others in the group.

How to get involved

The Choir Project will operate at school (Woolloomooloo) every Wednesday on the COLA stage 1 pm to 2 pm.

If you are interested, contact Lisa Keating, Co-Principal on 9383 0387 or lisa.keating3@det.nsw.edu.au

Science students adopt an Argo float ... and name it Alan?

Year 11 and 12 students undertaking Marine Studies and Earth and Environmental Science have adopted an important piece of international ocean monitoring equipment called an Argo float.



Deployment of an Argo float from a ship. Our dear *Alan* will be tossed off a ship soon

The first step in the adoption process is giving the float an appropriately scientific name. Year 12 Earth and Environmental Science student Elliot Connor won the naming competition with his deceptively simple entry of *Alan*. It was Elliot's justification of the name (published below) which won him the naming rights.

"I think it should be called Alan. This is the name of the world's oldest ever krill, which was kept for a total of nine years by the leading (krill) scientist Tom Ikeda from the Australian Antarctic Division before he (Alan) somehow escaped during a cleaning of his tank and slipped down a nearby drain. Being an adult when he was captured, Alan was probably at least eleven years old at the end, making him more than five times older than any krill previously recorded."

Honorable mentions for other name ideas from students go to:

- **Felicity Fallon** for *Pontus*, the primordial Greek god of the sea
- **Trent Brandon** for *Finding Nemo* as Marlin the clown fish found his son Nemo by drifting in the Australian eastern current.

The name *Alan* along with the graphic provided by Elliot will be printed onto the side of our float.



Alan the Argo float is due to be deployed into the Southern Ocean some time during March to start his important work continuously monitoring the temperature, salinity and velocity of the upper ocean where he drifts, with all his data being relayed and made publicly available within hours of collection via satellite.

Students will follow the journey of *Alan* and will be able to track him and his data on a website in real time. Data collected by *Alan* (and hundreds of other floats like him) will be used by climate scientists and oceanographers to help plug a gaping ocean-sized hole in our understanding of global warming.

Health Care Plan

Updating your child's Anaphylaxis/Allergy/ Asthma/Diabetes/Epilepsy and Health Care Plans

Every year parents are requested to update their child's Health Care Plans including Anaphylaxis/Allergy/Asthma/Diabetes/Epilepsy and Health Care Plans.

If your child has asthma, diabetes or epilepsy, is at risk of anaphylaxis or has allergies, you may also be required to fill out an Action Plan in consultation with your child's doctor or specialist. These plans must be updated every 12 months. It is important that you supply these documents in colour and include a colour photo of your child.

For further information relating to Action Plans for Anaphylaxis and Allergies, Asthma, Diabetes and Epilepsy:

Anaphylaxis and Allergies – <https://www.allergy.org.au/health-professionals/anaphylaxis-resources/ascia-action-plan-for-anaphylaxis>

Asthma – <https://assets.nationalasthma.org.au/resources/AACPED2017-Care-Plan-for-Schools-A4.pdf>

Diabetes – <https://as1diabetes.com.au/schools/diabetes-schools-action-management-plans/>

Epilepsy – <http://www.pennsw.com.au/clinician-resources/epilepsy-resources/epilepsy-management-documents.html>

Besides meeting the NSW Department of Education requirements, it is **essential** to have these photos in colour so that in the event of an emergency, teachers can identify your son's or daughter's emergency response plan quickly and undertake the emergency response specific to their needs.

Thank you for your cooperation in helping us provide the best support for our students.

If you have any questions, please do not hesitate to talk with Rachel Angus on 9383 0234 or email rachel.wiseman@det.nsw.edu.au

Library

Information for all students and supervisors regarding textbook and library loans

The library database - Oliver sends overdue loan notices to DoE student email addresses and this is the way that you will receive your notice at SDEHS. This is a huge saving of paper but we do need you to locate and return these resources when you receive an email.

So please send back your books when you receive the email notice. If you need a resource for a longer period, just call the library and staff will extend the loan: 9383 0271.

Library news

All about reading

We encourage all students to read a wide range of literature, a great way for supervisors to support reading is to be a role model, read widely and with enjoyment!

Looking for reading ideas? Try these websites featuring YA book reviews.

<https://insideadog.com.au/>

<http://www.yarr-a.com/>

2019 Premier's Reading Challenge



<https://online.det.nsw.edu.au/prc/home.html>

Welcome to the NSW Premier's Reading Challenge for 2019

The Challenge aims to encourage a love of reading in students and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

Students in Years 7-9 can participate in the challenge which officially opens on March 4. However, students can start recording books that they are reading now to include on their 2019 reading records, don't forget to include fiction books you are reading for your schoolwork as well!

Contact the library via the SDEHS email or phone 9383 0270 for further information or assistance.



The PRC website has information about the Challenge and links to the booklists.

To see which books on the PRC booklist are available in your school library go to Oliver library on your DoE portal home page and select 'reading lists', then 'Premier's Reading Challenge (7-9)'.

You can reserve up to 6 books online and the library will post them out to you.

Contact the library for further assistance on 9383 0270.

We will be happy to help.

New in the library

Screen Education and **Metro** magazines.

These quality screen literacy magazines published by Australian Teachers of Media (ATOM) provide reviews and essays of film, television and media. You can view previews of current copies on their website,

https://www.metromagazine.com.au/screen_ed/index.html



World Book Online

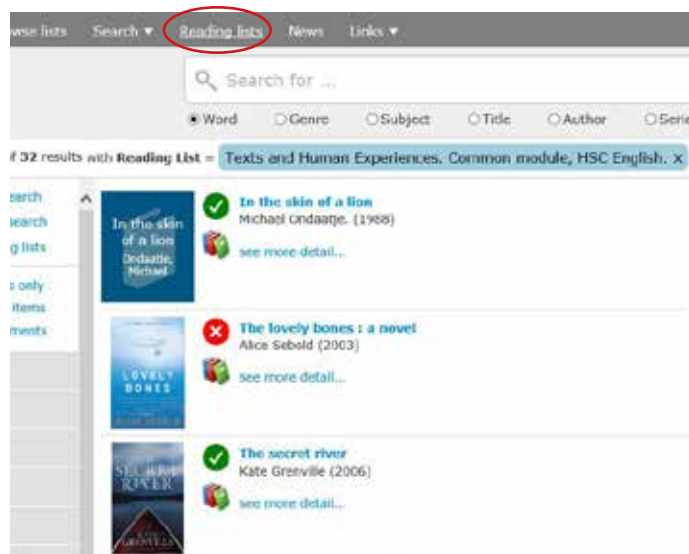
Check out some of the new STEM related articles added to World Book Student this month:

Select the **World Book**

Student link on the Oliver library home page and type the search term *Ecosystem* into the search bar. Links to food chain, producer, consumer and decomposer follow.

Also on the Oliver library home page a new reading list:

Texts and Human Experiences. Common module, HSC English.



If you would like assistance from the Teacher Librarian contact the library on 9383 0270.

Disability Provisions

2019 Higher School Certificate

The NSW Education Standards Authority (NESA) offer a range of Disability Provisions to Year 12 students who may need assistance to read examination questions and/or write their answers in the Higher School Certificate Examinations.

If you think that your student may need to apply for Disability Provisions for the 2019 Higher School Certificate Examinations, please phone Alicia Gilmore on 9383 0298 or Rebekah Cowie on 9383 0460 and **request that an application form be sent to you.**

This form, together with relevant supporting documentation, will need to be completed by the student and supervisor and returned to Sydney Distance Education High School as soon as possible as some provisions require additional assessments and evidence submitted such as medical reports, reading assessments and assessment tasks.

The NESA closing date for Disability Provisions applications is **Friday 12 April 2019.**

Your completed forms will need to reach SDEHS by Friday 5 April 2019 to ensure that this deadline is met.

This information is to let you know of the need to apply for Disability Provisions in Term 1 2019 for the 2019 HSC Examinations. Any approved Disability Provisions may be used for Trial exams and assessment tasks in Year 12.

Immunisations



Sydney Distance Education High School does not receive information from NSW Health in regards to school immunisations. It is the responsibility of the supervisor of the student to make sure all vaccinations are up to date and organise a visit their local GP or other immunisation provider for free age-appropriate vaccinations.

Students in high school in 2019 should be offered the following vaccines by your GP:

Vaccine	Year	Number of doses
Diphtheria-Tetanus-Pertussis (dTpa)	Year 7	1 dose
Human Papillomavirus (HPV)	Year 7	2 doses
Meningococcal ACWY	Year 10	1 dose

- Free vaccine is only available at school to students who have a signed consent form and who commence the vaccine course while they are in Year 7 (for dTpa or HPV vaccination) or Year 10 (for meningococcal ACWY vaccination).
- Parents who choose to wait for their child to be older before consenting to vaccination will be required to arrange for vaccination at their GP and may have to pay a consultation fee.

For more information contact your local Public Health Unit by calling 1300 066 055 or go on the following website for more information about the vaccines <https://www.health.nsw.gov.au/immunisation/pages/schoolvaccination.aspx>

Rachel Angus
Head Teacher Welfare – Year 10

Join us In 2019!

Get involved and Have a Voice!

The Student Leadership Group



Sydney
Distance
Education
High
School

Register Your Interest Now

Phone: 9383 0238

Email: catherine.soper2@det.nsw.edu.au

Catherine Soper

Coordinator

The Student Leadership Group

Do you know the SDEHS Students' Code of Behaviour?

Be prepared to learn

- Show a positive attitude
- Engage with their learning
- Do their best at all times

Respect yourself and others

- Accept responsibility for the choices they make
- Treat all people with respect - use appropriate language and actions including online and texting
- Follow teachers' instructions at all times

Care for your own property and school property

- Responsible for looking after their own property and school property
- Respect the property of others

Behave safely

- Report to the office, sign in and wear a name tag
- Remain on the school grounds with their supervisor unless they have permission to leave
- Behave in a way that does not put themselves or others at risk, including online and texting
- Follow WHS (Work Health and Safety) procedures at SDEHS
- Act responsibly and access only appropriate sites and materials on the internet

Information from the Careers Faculty

Our school provides its students and their parents/caregivers with a School Careers Website. You can find it at <https://www.sdehscareers.com/>

It's a 'One Stop Shop' for your child's needs with their career planning information, senior school, post school options and much more.

They can also use it to create and save their resume.

The site is designed to provide you with all the information you need about career planning and post school options as the information is constantly changing in these areas.

We subscribe to a couple of career exploration websites: Job Jump and Study, Work Grow. Instructions on signing up to each follow.

Careers Team

Anna Hampouris 9383 0456 anna.hampouris@det.nsw.edu.au

Debbie Hodges 9383 0426 deborah.hodges@det.nsw.edu.au

Julie Barel 9383 0449 julie.barel@det.nsw.edu.au

Careers resources for students

Our school has subscribed to a careers news and information service. It's easy for you to sign up for free membership as part of our school subscription.

You can access career building tools, discover scholarships, and more.

How to sign up:

Step 1 – go here - studyworkgrow.com.au/student-membership/

Step 2 – enter your details – your information is securely stored and only used for this purpose

Step 3 – select 'I have a school code', and use code **SDEHS0219**

Step 4 – complete your sign up and start exploring

You can choose what type of information you'd like to see, and your details remain securely protected.





www.jobjump.com.au

Your future career is here.

We would like you to be able to use all parts of the JobJump website to help plan and achieve your career dreams. It is there to help through to an extra year after Year 12.

To register with JobJump, go to the front screen of the website at www.jobjump.com.au

Click on **I'm New**. On the new screen, enter into the first white box the first letters of your school's name and **when the full name appears just below in blue**, click on your blue school name and it will enter automatically into the first white box.

In the second white box, enter your school password which is: **stallion** and click **Continue**. You then need to enter a few details and set your Personal Password. (Min 6 characters).

So whenever you come back to Login to JobJump, all you will then need is your email address and Personal Password.

Two things to remember:

1. If you can't find the career from the list offered that suits you, select a career which is in the field you like. For example, you may like the field of Tourism and the idea of having a career in the Tourism industry is not a bad idea. In the listing select 'Travel Agent' because all Tourism careers news will come to you.
2. When you register, remember you can select as many careers as you like from the listing. If you change your mind you can alter the choices at any time by going to the black head at the top right hand side after you are Logged In.

Watch the tour of JobJump in the brief video entitled 'Learn JobJump fully in minutes'.

Go to the bottom middle part of the Home page.

Once you have registered, you can use all parts of the website to enjoy the following:

- Year 10 subject selection advice across 100 careers
- Writing letters, resumes, what to say to an employer, where to find your future employer
- A comprehensive digital ATAR and University Course sorter that works hand in hand with the UAC Handbook making a breeze for you to search for your chosen courses
- Job vacancies for over 100 options based on your school location
- Bonus points
- Overseas exchange
- Accommodation across all Universities in NSW and their direct links
- Earnings across 300 careers
- EAS information
- 'Find my Career' quizzes
- Hobby projects across 100 careers to inspire and engage students in their career
- Interactive yearly calendar across all news items which can be personalised to your careers of interest
- Undergraduate scholarship sorter across all NSW Universities
- Universities Open Days listings and links
- Videos across 100 careers
- Gap year and volunteering opportunities
- Alternative entry to University sorter and links across all NSW Universities
- Interstate and overseas University admissions centres' links
- Work experience documentation ... and much more.

We trust you will enjoy using www.jobjump.com.au

Student Successes

Keanu and Denali Blunden

After graduating from SDEHS in 2016, Keanu is doing a Bachelor of Sports Coaching (Strength and Conditioning) at the Australian College of Physical Education (ACPE). Denali (HSC 2018) has enrolled in the same course.



Keanu racing in Dresden, Germany

best in the 1500m with 2:14.868. He will compete in the World Cup in Torino, Italy shortly. His ultimate goal is the 2022 Beijing Winter Olympics.

Grace Ritzrow

Grace Ritzrow Year 11 is enjoying her TVET Floristry course at Campbelltown TAFE. She is very proud of the first floral arrangements she created.



Grace Ritzrow



Denali racing in Canada

Both boys are still living in Seoul and training hard at short track speed skating. Both of them were selected in the Australian National team with Denali representing Australia at the Junior World Short Track Championships in Montreal, Canada in January. His best ranking was 26th out of 72 skaters for the 1500m and he has achieved a personal best for the 500m. The championships are very competitive with most of the top 10 ranked skaters on par with the seniors in the World Cup circuit.

Keanu represented Australia in the Short Track World Cup in Dresden, Germany recently and achieved a personal

End of year celebrations for Central Coast hubs

Students from both Tuggerah and Woy Woy hubs celebrated the end of 2018 at ten pin bowling, ice skating and Flipout trampolining.



Flipout



Ice skating



Ten Pin bowling



School Community Charter

 **Collaborative. Respectful. Communication.**

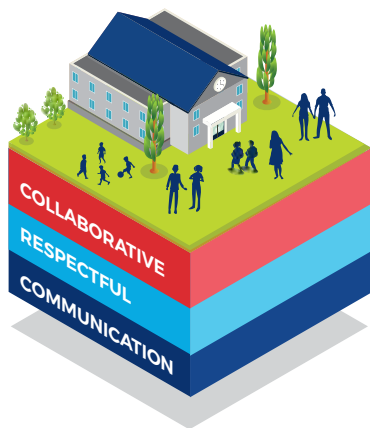
The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create
collaborative
learning
environments

We
all play
a part

We work
in partnership
to promote
student
learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

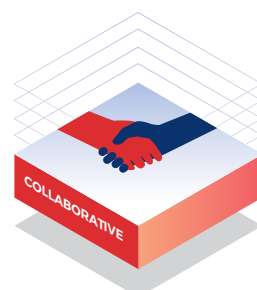
Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.



Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



Collaborative.
Respectful.
Communication.

School Community Charter

education.nsw.gov.au



TAS Trivia

Be the first SDEHS student to correctly answer the following FIVE questions and email your responses to: julie.barel@det.nsw.edu.au.

The first correct entry received wins a \$30 voucher!

1. What did Ralph Sarich invent?



2. Name the world's largest dam.



3. What is the name of the world's longest bridge and how far does it span?



4. In what industry is **jumboisation** a technique?

5. What is the difference in height between Sydney's Centre Point Tower and the tallest building in the world?



SDEHS Learning Hubs

Learning Hub	Location	Opening Time
Glenbrook	The Glenbrook Centre, 1 Ross Street, Glenbrook	9 am – 3.30 pm Thursday
Ingleburn	Greg Percival Community Hall, Corner Oxford Road and Cumberland Road, Ingleburn	9 am – 3.30 pm Tuesday
Miranda	Miranda Community Centre, 93 Karimbla Road, Miranda	9 am – 3.30 pm Monday
SDEHS Woolloomooloo	SDEHS Library, 38-68 Forbes Street, Woolloomooloo	10.30 am – 2.30 pm Wednesday 9 am – 2.30 pm Friday
Tuggerah	Tuggerah Community Hall, 9 Anzac Road, Tuggerah	9 am – 3.30 pm Tuesday
Woy Woy	Coast Community Connections, 93 McMasters Road, Woy Woy	9 am – 3.30 pm Monday

Book online via the SDEHS home page. For further information contact Hub Coordinator **Duncan Gerdes** phone 9383 0235 email: duncan.gerdes@det.nsw.edu.au

School Policies and Procedures

Students, parents, carers, supervisors, staff and members of the wider school community are invited to suggest improvements to school policies and procedures.

Suggestions may be emailed to the school email sydneyh-d.school@det.nsw.edu.au and will then be forwarded to the senior executive.



1800 55 1800



Parent Line

1300 1300 52



Contact

Address: Forbes Street, WOOLLOOMOOLOO NSW 2011
Postal address: Locked Bag 5000, POTTS POINT NSW 1335
Phone: 02 9383 0200
Fax: 02 9383 0222
Email: sydneyh-d.school@det.nsw.edu.au

